



Coventry Diocese

**AFIA**

*Away From It All  
Holidays*



AFIA is a holiday scheme organised and funded by **Mothers' Union** as a practical way to help support family life

**About Mothers' Union**

**Mothers' Union** is a Church of England organisation especially concerned about all family life, regardless of a family's beliefs.

AFIA receives funds raised by MU to send adults and families away for a break in the UK who could not otherwise afford a holiday or a day out.

## Who can apply?

Anyone who is under financial and emotional stress, who feels they are battling through and just need a break and meet the listed criteria.



## What sort of breaks are offered by Coventry Diocese?

That depends on the family and their needs. Families may go to a camp on a self-catering basis or



sometimes we can contribute to bespoke experiences such as a family day out. We have also hired a coach for a day trip for a group supporting families. There are various options for individuals, families and groups.



### What are the criteria for a family holiday?

- You have not had a holiday for at least 3 years and have not had a holiday with AFIA before.
- You could not afford to go on any break otherwise.
- You have somebody such as your vicar, a head teacher, social worker, doctor or leader of a recognised support group who will fill in a form to recommend you.

We have had very positive comments from families who have had a break, both individual adults and children, which is why we continue to offer these breaks. You can contact us to find out more if you need to.

Email: [mu.cov.afia@outlook.com](mailto:mu.cov.afia@outlook.com)

### How much will it cost?

**Mothers' Union** can normally help with the cost of a holiday excluding travel expenses, but sometimes we can pay for the whole trip. Our funds are limited but we will always help as much as we can.

And finally, if you go, we'd love to hear how you got on!



## How do I apply?

To ask for more information or to apply, please email:

[mu.cov.afia@outlook.com](mailto:mu.cov.afia@outlook.com)

For written enquiries, the new office address is:

AFIA Co-ordinator,  
Mothers' Union Coventry  
7 Priory Row  
Coventry CV1 5EX

